

## Participant Information Form

**Title:** Screen ORIGINS - Qualitative investigation of parental views and practices regarding screen technology use by families and young children

### What is this study about?

- We are inviting parents of ORIGINS children aged 3–4 years to participate in a research interview that is part of the Screen ORIGINS sub-project.
- This study aims to understand how families manage screen use and other health-related behaviours in everyday life. We will explore screen use alongside sleep, outdoor play, eating habits, and pro-social behaviours.
- Findings will help to develop practical, family centred guidance around screen use.

### Who is doing this research?

- The interview is part of a PhD qualification undertaken at Curtin University, supervised by Curtin and ORIGINS researchers.
- The project is being conducted by a national team lead by Dr Juliana Zabatiero and Prof Leon Straker from Curtin University (School of Allied Health), Dr Amber Beynon and Mrs Kristin Zed from Curtin University (School of Allied Health), in collaboration with Dr Sarah Whalan and Prof Desiree Silva (ORIGINS Project).
- This research is funded by the ARC Centre of Excellence for the Digital Child

### What does participation involve:

- The study will involve you taking part in a 45 – 60-minute interview.
- The interview will take place online or in person at The Kids Institute, Edgewater. Date, time, and location of interview will be at your preference.
- The interview will be audio recorded to capture your insights accurately.
- Questions will be informal and focus on your perspectives and family practices around screen use and other health behaviours.
- After all interviews are completed you will receive a summary of the findings, and you are welcome to provide feedback.
- To thank you for your valuable time, you will receive a \$50 gift voucher.

### Do I have to take part in this research?

- Participation is voluntary. You can change your mind at any time, before, during or after the interview.
- You are welcome to pause the interview and complete later if desired.
- If you choose to discontinue part way through the interview, you can decide what, if any, information we may use for research purposes.
- Your relationship with ORIGINS will not be affected if you choose not to participate or later withdraw.

### What are the possible benefits and risks of taking part?

- There are no direct benefits of participating in this study. Participating might make you more aware of your family's screen use.
- Your participation will benefit the wider community as the information provided will help improve our understanding of screen use in young families and contribute to the development of practical guidance for parents in today's digital world.
- We do not expect that there will be any risks or inconveniences for you when taking part in this study.
- Some questions may touch on personal topics. You are free to skip any questions or take a break at any time.

#### **How will privacy be protected?**

- All information obtained in this study will be confidential.
- Your responses will be de-identified and stored securely at Curtin University.
- Only the research team will have access to this information.

#### **Who will see the results of the research?**

- Results of this study will be published in scientific journals, presented at scientific and community events, and shared with ORIGINS staff and participants.
- Findings will be translated into practical outputs such as plain language summaries and guidance sheets on positive screen usage for parents and other stakeholders.
- Identifying details about individuals will not be included in any results.

#### **Where can I get more information about the project?**

If you would like to know more about the project, or if you have any concerns or questions you can contact:

**Name:** Dr Juliana Zabatiero (Principal Investigator) or Kristin Zed (PhD student)  
**Telephone:** 08 9266 9456  
**Email:** [Juliana.zabatiero@curtin.edu.au](mailto:Juliana.zabatiero@curtin.edu.au) | [Kristin.zed@postgrad.curtin.edu.au](mailto:Kristin.zed@postgrad.curtin.edu.au)

#### **Ethics approval**

This project has been reviewed and approved by the Ramsay Health Care WA HREC (HREC) as meeting the requirements of the National Statement on Ethical Conduct in Human Research, 2023. The ethics approval number is 2018/ETH/1804. Reciprocal approval has been obtained from the Curtin University HREC (HRE2018-0065).

If you are concerned about the way this project is being conducted or you wish to make a complaint to someone independent from the project, please contact the HREC Executive Officer:

Email: [RamsayHREC.WA@ramsayhealth.com.au](mailto:RamsayHREC.WA@ramsayhealth.com.au)  
Phone: (02) 9433 3854